

### FocusMotion

Advanced movement tracking intelligence

focusmotion.io | @Focus\_Motion





The Customer



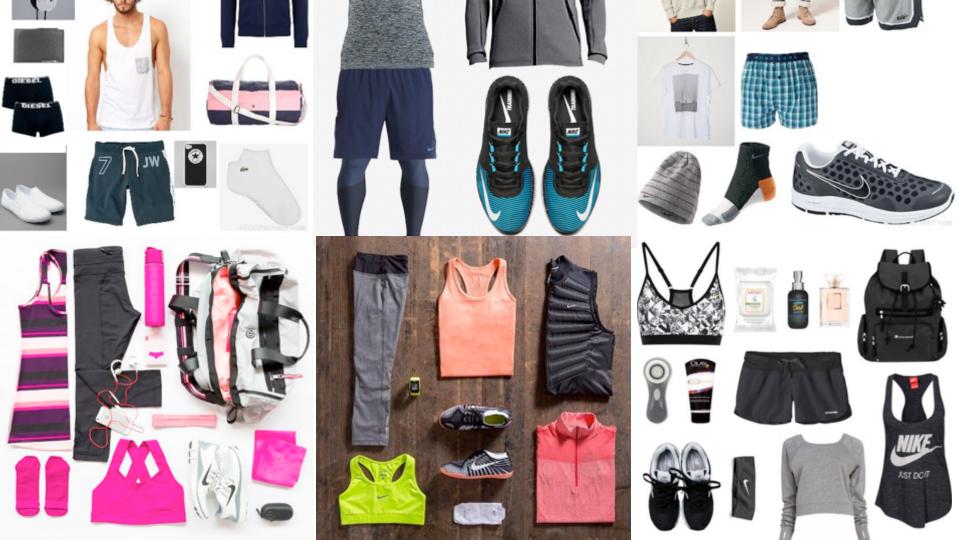
The Customer



The Customer













# HOPE

## HOPE

What are you going to do with it?

Opportunity

### Evolve:

Opportunity

### Evolve:

#### Evolve:

A Brick & Mortar container for treadmills and weights

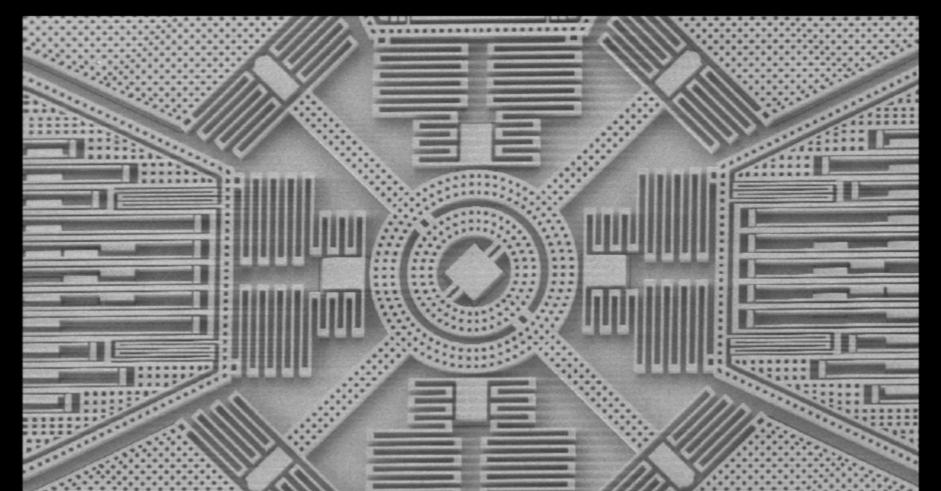
### Evolve:

Not a place. But a part of the process Opportunity

### Evolve:

### Understand users Foster this Hope

#### SENSORS



Sensors build ecosystems

Sensors enable insight



#### WHERE









## steps

Step tracking isn't a feature – it's table stakes

## steps

There is MORE to human movement than steps.

Step tracking isn't a feature – it's table stakes

## steps

There is **MORE** to human movement than steps. There is **MORE** to fitness and activity than steps.

Focus Motion: The Algorithm



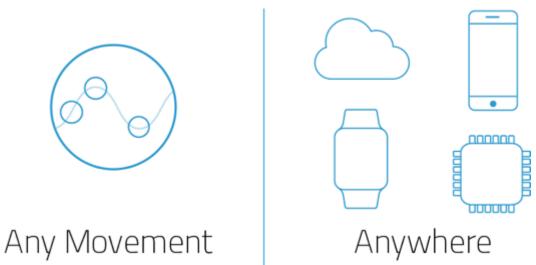






#### Our mission:





#### What can we track:



Precise Detection

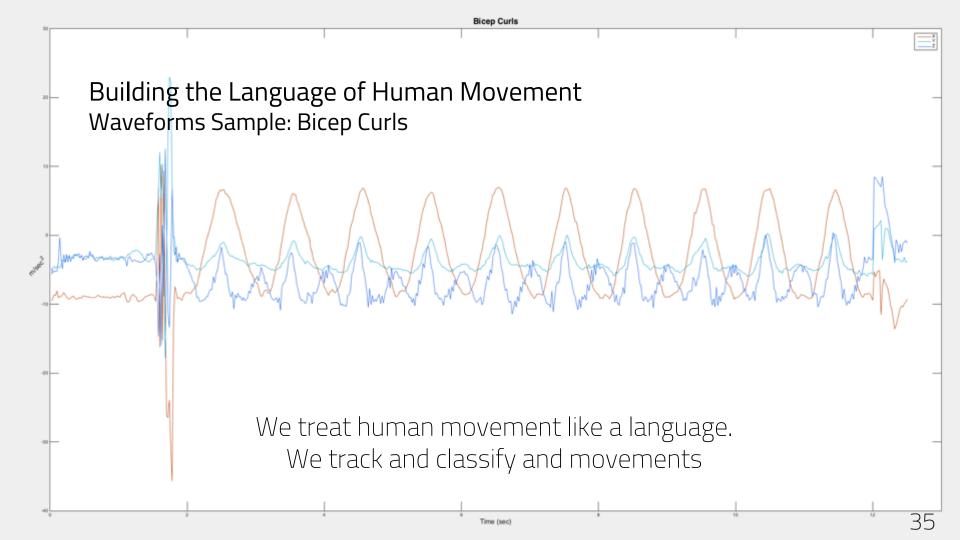


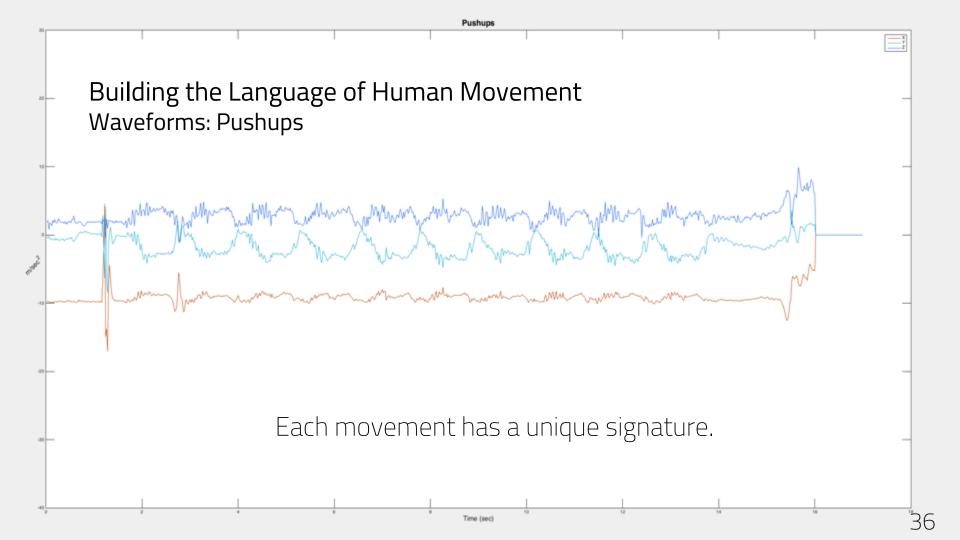
Consistency
Personal Improvement

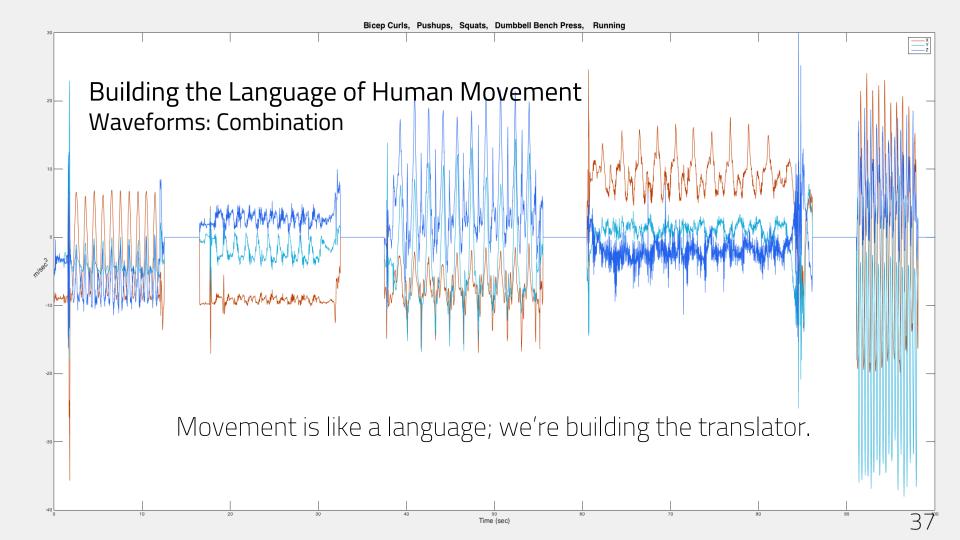


Tempo
Speed and Form Insight









DEMO

## Example:



## Deeper Insights

- Consistency
- Tempo
- Range of Motion

39

So what



#### Focus Motion replaces tedious and expensive alternatives



Tedious Manual Entry
Notepads, Excel, Google Docs



Human Observation
Therapists, Coaches, Trainers



Computer Vision Kinect, etc.

# Passive Insight – Tele Training

Athlete: John Smith Workout: Pushups
March

| 18       10/10/2015       John Smith       20 / 20       1.2 s/rep         17       10/09/2015       John Smith       20 / 20       1.2 s/rep         15       10/07/2015       John Smith       15 / 20       1.5 s/rep         14       10/06/2015       John Smith       10 / 20       2.0 s/rep         13       10/05/2015       John Smith       20 / 20       1.2 s/rep     Average Range of Motion | <ul><li>43°</li><li>43°</li><li>35°</li></ul>         |
|--|---|
| 15       10/07/2015       John Smith       15 / 20       1.5 s/rep         14       10/06/2015       John Smith       10 / 20       2.0 s/rep         13       10/05/2015       John Smith       20 / 20       1.2 s/rep   |   |
| 14 10/06/2015 John Smith   | <u> </u>  |
| 13 10/05/2015 John Smith 20 / 20 1.2 s/rep   |   |
|  | <b>3</b> 0°   |
| Average Range of Motion  | <u> </u>  |
| y' y' y'   | Rep Speed  12s / rep  12s / rep  12s / rep  12s / rep |

- When are members likely to leave
- Patterns of retention and attrition

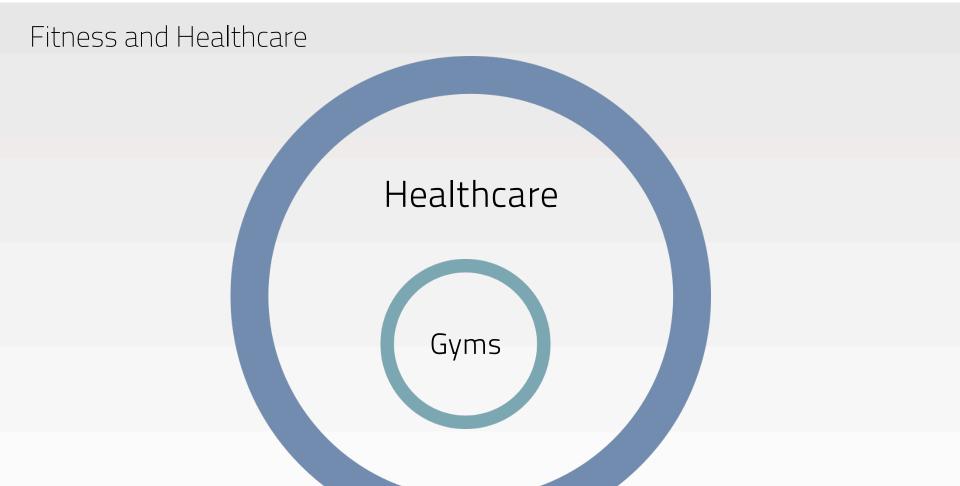
Habits and engagement



Fitness and Healthcare

Gyms

Healthcare



Fitness and Healthcare

• VBR

- Capitated Care
- Reduced readmissions
- Preventative Medicine



#### MassHealth Fitness Reimbursement Form

bmchp.org | 888-566-0010

#### When To Submit This Form:

- After you've been a member of a health or fitness club and BMC HealthNet Plan's MassHealth plan at the same time for at
  least three months in a calendar year. You must be a member of BMC HealthNet Plan at the time you are submitting the
  reimbursement form. Reimbursement is up to \$200 of your fitness costs per family per year.
- Once per calendar year, filed no later than March 31 of the following year. Since you can only submit for reimbursement
  once per year, we recommend that you wait until you have paid as much of your fees as possible in order to receive the
  maximum reimbursement amount you're entitled to.

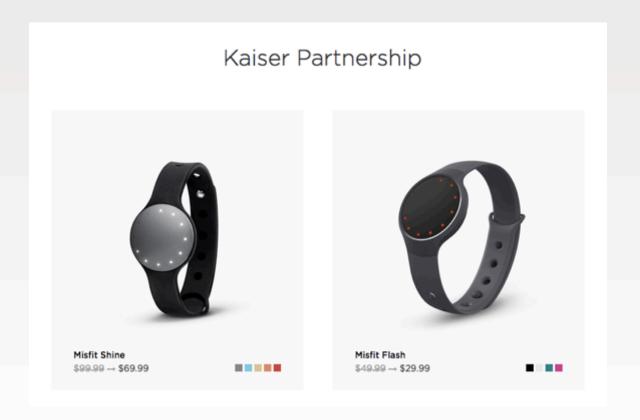
| Member Information (Please print information clearly)            |                     |       |          |  |
|--|---------------------|-------|----------|--|
| YOUR MEMBER ID NUMBER (FOUND ON YOUR BMC HEALTHNET PLAN ID CARD) |                     |       |          |  |
| MEMBER'S LAST NAME   |                     |       |          |  |
| FIRST NAME MIDDLE IN   | NAME MIDDLE INITIAL |       |          |  |
| ADDRESS  | CITY                | STATE | ZIP CODE |  |
| PHONE  |                     |       |          |  |

#### Health Club Information (Required)

Attach 8 %" x 11" photocopies of dated, paid health club receipts, bank/credit card statements, or paycheck stub alone with a copy of your

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#### Fitness and Healthcare



## FocusMotion evolves with you and with the market



Today

wrist



Tomorrow

wrist + chest



The Future

sensor suit implant ARVR

#### Focus Motion opens opportunities into new markets



Multi-billion dollar markets remain under serviced by body sensing and wearables.

### Long term impact

### In 5 Years

- Every user will receive a personal workout designed for them based on
  - Specific goals
  - Specific physiologies
  - Fatigue and injury points

### In 10 Years

- Track every athlete workout from high school to pro
- Evolved efficiency correlations of the physical movement patterns for users
- Personal recovery plan for every rehabilitation based on their physiology
- Capture pre-recorded movement personalities for anyone needing prosthetics and recovery











# FocusMotion

The movement intelligence wearables have been waiting for

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